

**15th Annual Flyin' Hawk Cross Country Invitational
Bartlett High School
Sunrise Park - Bartlett, Illinois**

The Bartlett High School Staff welcomes you to our 15th Annual Bartlett Flyin' Hawk Invitational. We hope your experience in this meet will be rewarding and enjoyable. The following information is to help answer any questions you may have regarding the meet.

DATE: Saturday, September 24, 2016

STARTING TIME: First race will begin promptly at 9:00 AM

WHERE: Sunrise Park, Bartlett, IL 60103

DIRECTIONS: Rt. 59 North or South to Apple Valley (by Home Depot on IL -59). Go east on Apple Valley to "T" intersect. Turn right on Valewood. Valewood changes into Foster. The course will be on the right not far down the road.

SPECIAL NOTICE: We ask that all buses and spectators park at Sycamore Trails Elem. School to help ease congestion in the neighborhood surrounding the park. Sycamore Trails is located on Sycamore Lane east of Cuyahoga and the course. By police order, there is to be no parking on the south side of Foster Avenue.

Levels, Order of Races, Distance (Tentative time schedule – we will run ahead if possible)

1. 9:00AM	Girls Frosh/Soph:	Unlimited Entries (3.0 miles)
2. 9:40AM	Boys Frosh/Soph:	Unlimited Entries (3.0 miles)
3. 10:20AM	Girls Varsity:	Top 7 Runners (3.0 miles)
4. 10:50 AM	Boys Varsity:	Top 7 Runners (3.0 miles)
5. 11:20 AM	Girls Open:	Unlimited Entries (3.0 miles)
6. 12:00 PM	Boys Open:	Unlimited Entries (3.0 miles)

Teams Entered

Bartlett, Batavia, Conant, Crystal Lake South (girls), Elgin (girls), Fremd (boys), Glenbard East (girls), Glenbard North, Huntley, Jacobs, Larkin, Lincoln-Way Central (boys), Marmion Academy, New Trier (girls), Ridgewood, St. Charles North (girls), Schaumburg, South Elgin, Streamwood, West Chicago (boys)

Awards

Team trophies will be presented to the overall team champion at the varsity and frosh/soph levels.

Individual awards will be as follows:

Varsity:	Top 25 medallions
Frosh/Soph:	Top 10 medallions, 11-25 ribbons
Open:	Top 10 medallions, 11-25 ribbons

Entry Information

ALL ENTRIES ARE DUE BY 9:00 PM ON TUESDAY, SEPTEMBER 20, 2016. Real Timing Inc. will be running the finish line. This will be a chip timed meet. Please go to www.realtiminginc.com, click on the Up-Coming Events column, and then on the Bartlett Invite. This will bring up a set of instructions:

- download the entry form in Excel
- fill in the info on the form (First Name, Last Name, Class, and Gender) for each athlete
- save the file, and then e-mail it to entries@realtiminginc.com

Facilities

There will be port-o-potties on site. Please have your participants dress at home.

Concession Stand

The Bartlett High School Cross Country Booster Club will provide a concession stand.

T-Shirts

Wakoh Wear will be selling t-shirts at the meet, so please tell your athletes.

Maps

Maps will be included in your packet. Appropriate ground markings and flags will be used.

Course Information

The course is in an open area with some light rolling hills. Four hundred meter straight-away start and a two hundred meter straight-away finish. The course is two complete loops.

***SEE THE INCLIMATE WEATHER CONTACT SHEET BELOW.**

Jeff Bral – Athletic Director

630-372-4700 x4621

jeffbral@u-46.org

Amy Burns – Girls Head Coach

630-372-4700 x4736

amyburns@u-46.org

Jeremy Ruston – Boys Head Coach

jruston9@gmail.com

**PLEASE FAX THE FOLLOWING BY 9:00PM ON TUESDAY,
SEPTEMBER 20, 2016. THANKS!**

FAX#: 630-372-4692

ATTN: Jeff Bral

**In the event of inclement weather, please complete and fax
the following so we can get a hold of you...**

Cross Country Coaches Contacts

School:_____

Head Coach:_____

Phone Contact:_____

Assistant Coach:_____

Phone Contact:_____

Assistant Coach:_____

Phone Contact:_____