



# PALATINE INVITATIONAL - MEET OF CHAMPIONS



BOY'S & GIRL'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL hosted by PALATINE HIGH SCHOOL  
Saturday, September 24, 2016 - 9:00 A.M.  
@Deer Grove East Forest Preserve

## TIME SCHEDULE:

Walk the Course:	8:30 A.M.	
Boys Frosh Race:	9:00 A.M.	2.5 Miles
Girls Fr/So Race:	9:25 A.M.	2.5 Miles
Boys Soph Race:	9:50 A.M.	3.0 Miles
Girls Varsity Race:	10:20 A.M.	3.0 Miles
Boys Varsity Race:	10:50 A.M.	3.0 Miles
Girls JV Race:	11:20 A.M.	3.0 Miles
Boys JV Race:	11:50 A.M.	3.0 Miles
Awards:	12:20 P.M.	

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## TEAMS ENTERED:

### BOYS – (31 teams)

Barrington	Jones College Prep	New Trier	Stevenson
Cary-Grove	Lake Zurich	Oak Park-River Forest	Vernon Hills
Crystal Lake Central	Libertyville	Palatine	York
Dundee Crown	Loyola Academy	Plainfield North	Yorkville
Fenwick	Maine South	Plainfield South	
Grayslake Central	Maine West	Prairie Ridge	Brentwood Academy (TN)
Hersey	McHenry	Prospect	St. Louis University HS (MO)
Hinsdale Central	Mundelein	St. Ignatius	St. Xavier (KY)

### GIRLS – (30 teams)

Barrington	Hersey	Mundelein	Wheaton-Warrenville South
Buffalo Grove	Lake Zurich	New Trier	Yorkville
Cary-Grove	Libertyville	Palatine	York
Crystal Lake Central	Loyola Academy	Prairie Ridge	Gardner-South Wilmington (Ind)
Downers Grove North	Lyons Township	Prospect	Lane Tech (Individual)
Dundee Crown	Maine South	St. Charles East	Christian Liberty (Individual)
Fenwick	Maine West	Stevenson	Assumption (KY)
Grayslake Central	McHenry	Vernon Hills	Daviess County (KY)
			Louisville Male Traditional (KY)

## ENTRIES:

**Your entries must be submitted by Tuesday, September 20<sup>th</sup>, at 9:00pm.**

- Go to [www.realtiminginc.com](http://www.realtiminginc.com) and select the Palatine Invitational from the Up-Coming Events column.
- Click on **Entry Form** this will open an Excel spreadsheet that is the entry form for the meet.
- For each athlete, enter First Name, Last Name, Class (Fr, So, Jr, or Sr), and Gender (F or M)
- Save the Excel file on your computer
- Finally e-mail a copy of the Excel entry form to: [entries@realtiminginc.com](mailto:entries@realtiminginc.com)

## MEET SITE:

Deer Grove East Forest Preserve on Dundee Road, ¼ mile west of Hicks Rd. Some (very limited) spectator parking is available. From Rt. 53, exit Dundee Rd. west. Go approximately 2 miles to Deer Grove. Turn right at first entrance past Hicks Rd. Course routes are 3.0 miles and 2.5 miles. 3/8" spikes are suggested for all.

## AWARDS:

We will award 7 medals to the following top teams.  
The coach of these teams will receive a special award.

Team:	Boys Frosh	1 <sup>st</sup> 3 teams	Girls Fr/So	1 <sup>st</sup> 4 teams
	Boys Soph	1 <sup>st</sup> 3 teams	Girls JV	1 <sup>st</sup> 3 teams
	Boys JV	1 <sup>st</sup> 3 teams	Girls Varsity	1 <sup>st</sup> 5 teams
	Boys Varsity	1 <sup>st</sup> 5 teams		
Individual:	Varsity races	1 <sup>st</sup> through 30 <sup>th</sup> place medals		
	Soph. & JV races	1 <sup>st</sup> through 20 <sup>th</sup> place medals		
	Frosh & F/S races	1 <sup>st</sup> through 25 <sup>th</sup> place medals		

**ENTRY FEE:** Girls - \$175.00 Boys - \$175.00 Both - \$350.00

**ENTRY LIMITS:** Boys & Girls JV race Unlimited entries (3.0 miles)  
Boys Sophomore Race Unlimited entries (3.0 miles)  
Boys Freshman Race Unlimited entries (2.5 miles)  
Girls Frosh-Soph Race Unlimited entries (2.5 miles)  
Boys & Girls Varsity Race SEVEN RUNNERS ONLY (3.0 miles)

**INSTRUCTIONS:** Upon arrival, pick up your envelopes containing all necessary information AT THE SHELTER ACROSS FROM THE START/FINISH LINE.

**WASHROOMS:** Portable washrooms will be provided. **PLEASE BRING YOUR OWN WATER.**

**PARKING:** All busses are to unload athletes near start/finish line. The bus must then exit through maintenance area and park at the high school. Only exception will be if coach is driving the bus.

Limited parking is available in Deer Grove East. For those who might want to walk or bike in, parking is also available in the parking lot of the old Dominick's grocery store on Dundee Rd, just before the Jewel at the corner of Dundee/Hicks. Walking distance to course is a little more than a mile.

**A spectator shuttle will be available to Deer Grove East course from Palatine High School parking lot. Palatine HS address is 1111 N. Rohlwing Road, Palatine, IL 60074**

**TEAM CAMPS:** Tents and team areas should be set up on south side of the road.

**DRESSING:** No locker rooms are available. Please come dressed and prepared to run.

**T-SHIRTS:** We will be selling Palatine Invitational MEET OF CHAMPIONS T-shirts for \$16.00. Due to Cook County Forest Preserve restrictions on sales... **Coaches must fax pre-order forms detailing colors and sizes needed by THURSDAY, September 24<sup>th</sup> at 5:00pm.** T-shirts may be paid for and picked up at the meet headquarters. A limited number of T-shirts may be available the day of the meet.

**CONCESSIONS:** A food/drink tent will be set up by the cross country parents.

**RESULTS:** Results will be posted at **[www.realtiming.com](http://www.realtiming.com)** shortly after the meet. A copy of results (no JV open), one per school, will be available at the conclusion of the meet.

**FOR MORE INFORMATION CONTACT**

Athletic Director	Jerry Dobbs (jdobbs@d211.org)	(847) 755-1770
Boys Cross Country Coach	Chris Quick (cquick@d211.org)	(847) 755-1716 <u>Home</u> - (847) 202-0692
Girls Cross Country Coach	Joe Parks (jparks@d211.org)	(847) 755-1783 <u>Cell</u> - (847) 651-6272

## 2016 Palatine Invite Start Boxes

Girls	Box #	Boys
Prairie Ridge	1	Cary-Grove
Fenwick	2	Jones College Prep
Daviess County (KY)	3	Hinsdale Central
Cary-Grove	4	Palatine
Wheaton Warrenville South	5	Vernon Hills
Crystal Lake Central	6	Dundee Crown
Vernon Hills	7	Brentwood Academy (TN)
Palatine	8	Prospect
Dundee Crown	9	Hersey
Libertyville	10	Grayslake Central
St. Charles East	11	Lake Zurich
Lake Zurich	12	Crystal Lake Central
Mundelein	13	Oak Park-River Forest
New Trier	14	New Trier
Downers Grove North	15	Stevenson
Loyola Academy	16	Fenwick
Assumption (KY)	17	St. Louis University HS (MO)
Lyons Township	18	St. Ignatius
Yorkville	19	Libertyville
Maine West	20	Yorkville
Hersey	21	Loyola Academy
Louisville Male Traditional (KY)	22	Maine South
Barrington	23	Barrington
Grayslake Central	24	York
Prospect	25	McHenry
McHenry	26	Maine West
Maine South	27	Plainfield North
Buffalo Grove	28	St. Xavier (KY)
Stevenson	29	Mundelein
Individuals	30	Prairie Ridge
York	31	Plainfield South

### Important Reminders

- Entries due Tuesday, September 20<sup>th</sup> by 9:00 pm
- T-Shirt Orders due Thursday, September 22<sup>nd</sup> by 5:00 pm