

Race Results
Division Winners

Shamrock Shuffle 5K - Rockford IL

March 19, 2011

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2308	Top Male		Speltz, Tim	18:16.95	5:53	Rockford	IL
2309	Top Female		Teunissen, Lisa	21:00.19	6:46	Belvidere	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2143	1-12 Male	1	Kelsey, Spencer	22:53.72	7:22	German Valley	IL
2296	1-12 Male	2	Gargani, Nick	24:31.90	7:54	Genoa	IL
2047	1-12 Male	3	Catt, Russell	25:11.07	8:06	Crystal Lake	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2188	13-18 Male	1	Mcdermott, Andrew	22:27.59	7:14	Freeport	IL
2035	13-18 Male	2	Carlson, Ian	24:23.82	7:51	Belvidere	IL
2266	13-18 Male	3	Todd, Austin	26:00.20	8:22	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2176	19-24 Male	1	Mangan, Ian	20:22.78	6:34	Clare	IL
2262	19-24 Male	2	Swedberg, Mike	20:56.38	6:44	Sycamore	IL
2314	19-24 Male	3	Branch, Jacob	24:36.60	7:55	Roscoe	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2315	25-29 Male	1	Branch, Joshua	20:05.98	6:28	Roscoe	IL
2416	25-29 Male	2	Crain, Corey	21:52.39	7:02	Rockford	IL
2205	25-29 Male	3	Nelson, Gregory	21:54.97	7:03	Cherry Valley	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2312	30-34 Male	1	Gordon, Justin	22:11.73	7:09	DeKalb	IL
2208	30-34 Male	2	O'Brien, Don	23:18.78	7:30	Northbrook	IL
2270	30-34 Male	3	Tomasello, James	25:05.26	8:05	Crystal Lake	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2060	35-39 Male	1	Dal Santo, Robert	22:00.03	7:05	Rockford	IL
2027	35-39 Male	2	Boomer, David	22:31.72	7:15	South Beloit	IL
2225	35-39 Male	3	Rich, Mike	23:11.59	7:28	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2144	40-44 Male	1	Kerrigan, Kevin	21:02.35	6:46	Spring Grove	IL
2305	40-44 Male	2	Cleveland, Lyn	24:32.15	7:54	Rockford	IL
2201	40-44 Male	3	Motz, Robert	24:43.07	7:57	Cary	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2207	45-49 Male	1	Nuedling, Brian	20:16.86	6:32	Elkhorn	WI
2106	45-49 Male	2	Goodwin, Tim	23:41.96	7:38	Rockford	IL
2055	45-49 Male	3	Cruden, Scott	23:59.91	7:43	Rockford	IL

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2302	50-54 Male	1	Sage, Tim	18:59.04	6:07	Roscoe	IL
2290	50-54 Male	2	Woolbright, Alan	21:15.29	6:50	Roscoe	IL
2177	50-54 Male	3	Mannebach, Mark	22:47.62	7:20	Dekalb	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2126	55-59 Male	1	Hogan, Tim	31:04.27	10:00	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2300	60-64 Male	1	Hortega, Steve	22:17.67	7:11	Ottawa	IL
2420	60-64 Male	2	Anderson, Larry J	38:08.08	12:16	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2244	65-69 Male	1	Skrzypczynski, Daniel	58:15.01	18:45	Beloit	WI

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2073	1-12 Female	1	Duda, Allison	34:16.16	11:02	Mchenry	IL
2285	1-12 Female	2	Withrow, Camryn	48:19.83	15:33	South Beloit	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2273	13-18 Female	1	Vanderwaal, Emily	24:06.12	7:45	Rockford	IL
2160	13-18 Female	2	Lefko, Courtney	28:20.20	9:07	Mukwonago	WI
2221	13-18 Female	3	Renko, Alexandra	28:28.33	9:10	Belvidere	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2193	19-24 Female	1	Melin, Heather	24:11.29	7:47	Winnebago	IL
2129	19-24 Female	2	Hyland, Heather	26:52.96	8:39	Belvidere	IL
2199	19-24 Female	3	Moore, Maggie	28:58.42	9:20	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2307	25-29 Female	1	Swartz, Tracy	25:30.12	8:13	Chicago	IL
2155	25-29 Female	2	Lauria, Becca	26:08.55	8:25	Belvidere	IL
2157	25-29 Female	3	Lawrence, Abigail	27:10.50	8:45	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2215	30-34 Female	1	Petrousek, Nicole	21:07.46	6:48	Belvidere	IL
2008	30-34 Female	2	Arellano, Lindsay	23:01.49	7:25	Rockford	IL
2119	30-34 Female	3	Hansen, Deanna	25:03.18	8:04	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2118	35-39 Female	1	Fredrick, Kirsten	24:12.20	7:47	Poplar Grove	IL
2293	35-39 Female	2	Kaempfer, Lisa	24:44.81	7:58	Belvidere	IL
2152	35-39 Female	3	Larson, Terri	25:37.48	8:15	Winnebago	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2133	40-44 Female	1	Johnson, Sherri	25:12.32	8:07	Rockford	IL
2159	40-44 Female	2	Lefko, Carrie	28:20.45	9:07	Mukwonago	WI
2079	40-44 Female	3	Egner, Gretchen	28:21.17	9:08	Mukwonago	WI

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2014	45-49 Female	1	Balsam, Cathy	27:23.61	8:49	Rockford	IL
2198	45-49 Female	2	Moore, Kristy	28:56.71	9:19	Rockford	IL
2107	45-49 Female	3	Gorman, Sherry	30:14.73	9:44	Pecatonica	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2316	50-54 Female	1	Pomeroy, Penny	25:21.95	8:10	Beloit	WI
2130	50-54 Female	2	Janke, Deanne	30:07.62	9:42	Oregon	IL
2042	50-54 Female	3	Carter, Susan	30:29.13	9:49	Loves Park	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2169	55-59 Female	1	Lundberg, Teresa	32:56.20	10:36	Pecatonica	IL
2310	55-59 Female	2	Youmans, Julene	37:51.70	12:11	Freeport	IL
2003	55-59 Female	3	Anderson, Cindy	38:07.21	12:16	Rockford	IL

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2084	60-64 Female	1	Erickson, Sharon	35:07.15	11:18	Rockford	IL
2116	60-64 Female	2	Haber, Cathy	36:52.38	11:52	Belvidere	IL
2267	60-64 Female	3	Todt, Ruth	49:50.35	16:03	Belvidere	IL

Perfectly in the middle

Chip_num	Race_group	Place	Name	Time	Pace	City	State
2056	40-44 Female	143	Cunningham, Amy	31:41.14	10:12	Winnebago	IL