

**Race Results
Age Divisions**

**NITRO Trailblazer 5K
Sycamore, IL**

June 22, 2013

Division	Place	Name	Time	Pace
1st Female		Shemyakina, Elena	19:30.87	6:17
2nd Female		Collet, Caroline	21:29.33	6:55
1st Male		Palmer, Dan	18:29.59	5:57
2nd Male		Hickey, Connor	19:23.63	6:15
1-14 Female	1	Collet, Carina	22:32.64	7:15
1-14 Female	2	Morreale, Julianne	25:16.25	8:08
1-14 Female	3	Whitten, Hannah	28:16.02	9:06
1-14 Female	4	Whitten, Sabrina	28:16.02	9:06
1-14 Female	5	Flatter, Ali	28:31.46	9:11
1-14 Female	6	Morreale, Jessica	29:02.76	9:21
1-14 Female	7	Shotten, Lydia	32:36.16	10:30
1-14 Female	8	Haile, Kayleen	33:17.27	10:43
1-14 Female	9	Nordbrock, Trinity	33:17.46	10:43
1-14 Female	10	Gillis, Bailey	33:33.91	10:48
1-14 Male	1	Collet, Christopher	21:29.31	6:55
1-14 Male	2	Whitten, William	25:10.89	8:06
1-14 Male	3	Payne, Samuel	29:40.63	9:33
1-14 Male	4	Dodson, Kobey	33:39.94	10:50
1-14 Male	5	Omerza, Nathan	33:50.87	10:54
15-19 Female	1	Stumpner, Jessica	23:13.21	7:28
15-19 Female	2	Hoffman, Kahla	37:09.26	11:57
15-19 Female	3	Baccay, Stephannie	49:10.47	15:50
15-19 Male	1	Shotton, Cameron	20:01.61	6:27
15-19 Male	2	Marisette, Scott	22:10.48	7:08
15-19 Male	3	Rosencrans, Jackson	24:09.59	7:47
15-19 Male	4	Cappaert, Paul	27:09.41	8:44
20-24 Female	1	Russell, Bailey	27:37.60	8:54
20-24 Female	2	Kunde, Jessica	32:09.37	10:21
20-24 Female	3	Bonnevier, Taylor	32:45.42	10:33
20-24 Female	4	Yochem, Katie	35:54.65	11:33
20-24 Female	5	Fozio, Ashley	38:25.98	12:22
20-24 Female	6	Uitenbroek, Brittany	42:40.69	13:44
25-29 Female	1	Bowker, Julie	29:17.81	9:26
25-29 Female	2	Verhaeghe, Samantha	34:08.21	10:59

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Division	Place	Name	Time	Pace
25-29 Female	3	Leoni, Sarah	40:30.32	13:02
25-29 Female	4	Bailey, Sarah	41:17.98	13:18
25-29 Female	5	Parker, Katheryne	42:49.21	13:47
25-29 Male	1	Carr, Richard	25:07.32	8:05
25-29 Male	2	Beamon, Nathaniel	41:29.78	13:21
30-34 Female	1	Shemyakina, Lyudmila	24:11.56	7:47
30-34 Female	2	Carter, Angela	29:05.63	9:22
30-34 Female	3	Caravia, Jen	30:31.78	9:50
30-34 Female	4	Willard, Ellen	31:30.84	10:09
30-34 Female	5	Mata, Jessica	33:22.01	10:44
30-34 Female	6	Horne, Stefanie	34:06.81	10:59
30-34 Female	7	Dodson, Dione	36:21.62	11:42
30-34 Female	8	Yaddanapudi, Sirisha	48:23.54	15:35
30-34 Female	9	Anderson, Anna	49:11.01	15:50
30-34 Male	1	Sodergren-Baar, Ben	23:50.90	7:41
35-39 Female	1	Waldron, Denise	25:53.24	8:20
35-39 Female	2	Woodworth, Stacie	28:30.49	9:11
35-39 Female	3	Miller, Karen	29:25.33	9:28
35-39 Female	4	Squier, Chantel	29:52.05	9:37
35-39 Female	5	Wickonstam, Julie	31:43.78	10:13
35-39 Female	6	Antonacci, Jenny	33:44.15	10:51
35-39 Female	7	Desort, Darla	33:51.76	10:54
35-39 Female	8	Cochran, Joy	38:46.85	12:29
35-39 Female	9	Schmitz, Dolly	41:10.57	13:15
35-39 Female	10	Waddle, Carrie	51:55.11	16:43
35-39 Male	1	Kuroda, Jay	22:23.80	7:13
35-39 Male	2	Boulanger, Victor	23:22.98	7:32
35-39 Male	3	Flatter, Scott	28:31.35	9:11
35-39 Male	4	Mata, Carlos	30:24.77	9:47
35-39 Male	5	Nordbrock, Noah	33:17.30	10:43
35-39 Male	6	Hansen, Clay	36:11.12	11:39
35-39 Male	7	Bauer, Perry	37:17.05	12:00
40-44 Female	1	Hollister, Sarah	26:16.76	8:27
40-44 Female	2	Paszotta, Tracy	30:07.13	9:42
40-44 Female	3	Miraglia, Jen	31:56.16	10:17

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40-44 Female	4	Kosmos, Sheri	34:07.65	10:59
40-44 Female	5	Nason, Ashley	36:16.52	11:41
40-44 Female	6	Cowles, Ellen	36:16.78	11:41
40-44 Female	7	Delos Santos, Genevieve	37:05.01	11:56
40-44 Female	8	Shotton, Tonya	37:41.65	12:08
40-44 Female	9	Walter, Abeo	38:02.06	12:14
40-44 Female	10	Mitchell, Julie	39:39.79	12:46
40-44 Female	11	Berreles, Alma	41:42.44	13:25
40-44 Female	12	Westhoff, Dawn	42:21.16	13:38
40-44 Female	13	Taylor, Katrina	45:14.02	14:34
40-44 Female	14	York, Cindy	56:36.51	18:13
40-44 Male	1	Omerza, Jason	23:15.39	7:29
40-44 Male	2	Conroy, Brian	26:24.33	8:30
40-44 Male	3	Schmitz, John	27:32.47	8:52
40-44 Male	4	Shotton, Scott	28:37.87	9:13
40-44 Male	5	Sigler, Joseph II	31:01.84	9:59
40-44 Male	6	Letheby, Justin	31:32.12	10:09
40-44 Male	7	Nenonen, Kevin	32:04.10	10:19
40-44 Male	8	Gillis, Chad	33:33.52	10:48
40-44 Male	9	Samet, Jeff	36:29.88	11:45
40-44 Male	10	Wilson, Rob	37:42.23	12:08
40-44 Male	11	Wirsing, Steven	37:44.45	12:09
45-49 Female	1	Larsen, Heather	29:40.44	9:33
45-49 Female	2	Almquist, Sharon	30:25.60	9:48
45-49 Female	3	Haynie, Jennifer	30:53.52	9:57
45-49 Female	4	Reser, Lisa	31:30.72	10:09
45-49 Female	5	Hickey, Trudy	31:57.13	10:17
45-49 Female	6	Rolczynski, Lynda	32:12.98	10:22
45-49 Female	7	Brewer, Kathy	33:00.27	10:37
45-49 Female	8	Cardelli, Lauren	33:33.18	10:48
45-49 Female	9	Polewko, June	35:55.25	11:34
45-49 Female	10	Ritchey, Lisa	35:56.15	11:34
45-49 Female	11	Leoni, Judy	36:24.04	11:43
45-49 Female	12	Arzate, Luz	36:36.02	11:47
45-49 Female	13	Wilson, Yolanda	37:33.63	12:05
45-49 Female	14	Scott, Erica	40:27.31	13:01
45-49 Female	15	Marsg, Esther	40:36.04	13:04
45-49 Female	16	Drendel, Lori	43:04.84	13:52
45-49 Female	17	Moudy, Laura	44:19.01	14:16

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45-49 Female	18	Madsen, Lynn	44:19.28	14:16
45-49 Female	19	Levoy, Kara	46:44.83	15:03
45-49 Female	20	Cappaert, Gail	47:56.39	15:26
45-49 Male	1	Hickey, Tal	23:21.55	7:31
45-49 Male	2	Whitten, Robert	24:49.35	7:59
45-49 Male	3	Grossman, John	24:59.71	8:03
45-49 Male	4	Brewer, George	30:09.94	9:43
45-49 Male	5	Payne, Dennis	30:27.19	9:48
45-49 Male	6	Dinatale, Frank	33:46.64	10:52
50-54 Female	1	Russell, Sue	22:46.08	7:20
50-54 Female	2	Seyller, Sandy	25:30.38	8:13
50-54 Female	3	Goodma, Tracey	26:52.89	8:39
50-54 Female	4	Morreale, Julie	29:41.44	9:33
50-54 Female	5	Weinhold, Lisa	30:14.00	9:44
50-54 Female	6	Seitz, Susan	34:57.21	11:15
50-54 Female	7	Staikidis, Kryssi	36:16.44	11:40
50-54 Female	8	Clifton, Karen	36:17.58	11:41
50-54 Female	9	Anderson, Ellen	36:35.04	11:46
50-54 Female	10	Wilson, Debbi	37:50.00	12:11
50-54 Female	11	Awe, Sandra	40:35.94	13:04
50-54 Female	12	Strachan, Eileen	42:31.05	13:41
50-54 Female	13	Hayenga, Gail	55:15.46	17:47
50-54 Male	1	Shemyakin, Alexander	19:51.71	6:24
50-54 Male	2	Moudy, Sean	30:13.56	9:44
55-59 Female	1	Schmidt, Heidi	26:13.41	8:26
55-59 Female	2	Dowling, Karen	37:17.42	12:00
55-59 Female	3	Cochran, Tamara	38:46.87	12:29
55-59 Female	4	Short, Alyson	39:06.57	12:35
55-59 Female	5	Kranz, Cheri	42:59.97	13:50
55-59 Female	6	Hendrix, Pat	48:10.37	15:30
55-59 Female	7	Lyons, Carol	57:25.91	18:29
55-59 Male	1	Peterson, John	25:12.86	8:07
55-59 Male	2	Dittmann, Steven	26:47.60	8:37
55-59 Male	3	Moran, Ron	29:00.90	9:20
55-59 Male	4	Leoni, Carl	35:14.68	11:21

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Division	Place	Name	Time	Pace
60-64 Male	1	Marcec, Jerry	22:56.65	7:23
60-64 Male	2	Varney, Jim	24:14.10	7:48
60-64 Male	3	Hejlik, Larry	29:56.57	9:38
60-64 Male	4	Cochran, Robert	34:37.29	11:09
65-69 Male	1	Sober, Peter	31:22.53	10:06
70-74 Male	1	Johnson, Tyger	23:40.91	7:37
70-74 Male	2	Kirts, Thomas	32:44.78	10:32