

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
Top Female		Teunissen, Shannon	19:13.80	6:11	Belvidere, IL
Top Male		Stevens, Jeremy	16:36.65	5:21	Rockford, IL
6-9 Female	1	Kuroda, Jackie	33:48.17	10:53	Rockford, IL
6-9 Female	2	Phabmixay, Tila	36:23.50	11:43	Cherry Valley, IL
6-9 Female	3	Ball, Madissyn	42:50.64	13:47	Loves Park, IL
6-9 Male	1	Faron, Dominick	23:41.62	7:38	Machesney Park, IL
6-9 Male	2	Hall, Landon	25:22.46	8:10	Stillman Valley, IL
6-9 Male	3	Martino, Nicolai	27:29.57	8:51	Rockford, IL
6-9 Male	4	Lowrey, Lucas	29:36.01	9:32	Winnebago, IL
6-9 Male	5	Scott, Kyle	30:08.56	9:42	Belvidere, IL
6-9 Male	6	Smith, Mikey	31:40.04	10:12	Batavia, IL
6-9 Male	7	Schlichting, Owen	35:44.22	11:30	Belvidere, IL
6-9 Male	8	Thammavong, Preston	38:17.71	12:20	Rockford, IL
6-9 Male	9	Whitford, Aaron	39:13.58	12:38	Rockford, IL
6-9 Male	10	Thammavong, Kendrick	52:26.07	16:53	Rockford, IL
10-14 Female	1	Martino, Natalia	21:31.03	6:56	Rockford, IL
10-14 Female	2	Frommer, Taylor	22:46.57	7:20	Rockford, IL
10-14 Female	3	Bybee, Becky	25:19.51	8:09	Rockton, IL
10-14 Female	4	Harvey, Shayden	25:46.60	8:18	Byron, IL
10-14 Female	5	Fagerstrom, Haylee	28:36.77	9:13	Rockton, IL
10-14 Female	6	Williams, Kyrie	30:35.00	9:51	Byron, IL
10-14 Female	7	Krueger, Mac Kenzie	31:27.23	10:07	Middleton, WI
10-14 Female	8	Oliveri, Siena	34:50.22	11:13	Loves Park, IL
10-14 Female	9	Smith, Leah	36:50.85	11:52	Batavia, IL
10-14 Female	10	Smith, Molly	36:51.24	11:52	Batavia, IL
10-14 Female	11	Stoll, Regan	37:58.37	12:13	Rockford, IL
10-14 Female	12	Herbig, Molly	41:24.31	13:20	
10-14 Male	1	Crull, Joshua	18:25.59	5:56	Roscoe, IL
10-14 Male	2	Littlefair, Brandon	21:29.19	6:55	Plano, IL
10-14 Male	3	Churches, Braedon	22:46.83	7:20	Beloit, WI
10-14 Male	4	Beard, Nolan	22:50.76	7:21	Rockford, IL
10-14 Male	5	Perez, Camryn	23:08.23	7:27	Belvidere, IL
10-14 Male	6	Woodcock, William	25:16.38	8:08	Rockford, IL
10-14 Male	7	Voltz, Payton	29:16.44	9:25	Loves Park, IL
10-14 Male	8	Himmel, Jim	31:29.48	10:08	Rockford, IL
10-14 Male	9	Herbig, Vincent	32:13.35	10:22	

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
10-14 Male	10	Ludwig, Justin	33:05.01	10:39	St Charles, IL
10-14 Male	11	Green, Devin	33:08.00	10:40	Belvidere, IL
10-14 Male	12	Webb, Bryce	33:18.42	10:43	St Charles, IL
10-14 Male	13	Krueger, Colin	36:19.41	11:41	Middleton, WI
10-14 Male	14	Thammavong, Aaron	36:21.58	11:42	Rockford, IL
10-14 Male	15	Hepner, Matt	47:21.50	15:15	Rockford, IL
10-14 Male	16	Greenberg, Gabriel	47:26.79	15:16	Winnebago, IL
10-14 Male	17	Wilburn, Michael	47:58.10	15:26	Rockford, IL
15-19 Female	1	Houston, Bethany	22:22.02	7:12	Stillman Valley, IL
15-19 Female	2	Teubert, Charissa	24:24.47	7:51	Loves Park, IL
15-19 Female	3	Stanton, Ashely	29:00.37	9:20	Machesney Park, IL
15-19 Female	4	Glogowski, Laura	29:00.95	9:20	Rockford, IL
15-19 Female	5	Zepeda, Samantha	29:22.42	9:27	Loves Park, IL
15-19 Female	6	Stone, Kelsey	30:00.03	9:39	Belvidere, IL
15-19 Female	7	Uram, Julie	34:42.98	11:10	Rockford, IL
15-19 Female	8	Walls, Kim	34:47.28	11:12	Rockford, IL
15-19 Female	9	Lynch, Annie	34:50.12	11:13	Rockford, IL
15-19 Female	10	Smith, Abbie	35:00.42	11:16	Batavia, IL
15-19 Female	11	Holland, Stephanie	36:08.19	11:38	Poplar Grove, IL
15-19 Female	12	Rewerts, Emily	38:04.70	12:15	Roscoe, IL
15-19 Female	13	Haun, Megan	39:03.07	12:34	Roscoe, IL
15-19 Female	14	Butterfield, Kendall	44:40.93	14:23	Loves Park, IL
15-19 Female	15	Castillo, Kylee	44:41.21	14:23	Roscoe, IL
15-19 Female	16	White, Karli	50:34.62	16:17	Belvidere, IL
15-19 Male	1	Beard, Bailey	18:24.97	5:56	Rockford, IL
15-19 Male	2	Nguyen, Kenny	23:21.71	7:31	Rockford, IL
15-19 Male	3	Greenberg, Nathan	24:28.63	7:53	Winnebago, IL
15-19 Male	4	Kieser, Ross	25:48.97	8:19	Rockford, IL
15-19 Male	5	Zwart, Jack	25:57.12	8:21	South Beloit, IL
15-19 Male	6	Nowak, Adam	26:55.02	8:40	Machesney Park, IL
15-19 Male	7	Zepeda, Junior	27:27.91	8:50	Loves Park, IL
15-19 Male	8	Ho, Dennis	28:57.35	9:19	Rockford, IL
15-19 Male	9	Pondelick, Bruno	30:38.30	9:52	Roscoe, IL
15-19 Male	10	Taylor, Zach	39:51.75	12:50	Caledonia, IL
15-19 Male	11	Hepner, Cole	42:32.90	13:42	Rockford, IL
15-19 Male	12	Taylor, Ethan	46:17.20	14:54	Caledonia, IL
20-24 Female	1	Gaynor, Taylor	24:12.33	7:47	Twinsburg, OH
20-24 Female	2	Larson, Ellen	24:51.38	8:00	Rockford, IL

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
20-24 Female	3	Cornelius, Hannah	25:18.86	8:09	Machesney Park, IL
20-24 Female	4	Bukanowska, Paulina	25:25.81	8:11	Rockford, IL
20-24 Female	5	Schaedel, Danielle	26:34.87	8:33	Loves Park, IL
20-24 Female	6	Alderks, Cassie	26:43.84	8:36	Monroe Center, IL
20-24 Female	7	Greene, Kiley	27:06.97	8:44	Pecatonica, IL
20-24 Female	8	Whitford, Chelsea	27:35.76	8:53	Rockford, IL
20-24 Female	9	Berg, Jennifer	28:26.83	9:09	Rockford, IL
20-24 Female	10	Kelly, Katie	28:30.24	9:10	Cherry Valley, IL
20-24 Female	11	Schaedel, Ashlee	28:31.33	9:11	Loves Park, IL
20-24 Female	12	Capriola, Aubrey	29:12.25	9:24	Rockford, IL
20-24 Female	13	Ullrich, Elizabeth	29:35.39	9:31	Janesville, WI
20-24 Female	14	Maxson, Lauren	29:52.66	9:37	South Beloit, IL
20-24 Female	15	Rezin, Amanda	29:56.07	9:38	Rockford, IL
20-24 Female	16	Campbell, Kayla	30:41.42	9:53	Rockford, IL
20-24 Female	17	Gorman, Erin	30:59.64	9:59	Rockford, IL
20-24 Female	18	Thompson, Heather	31:33.24	10:09	Winnebago, IL
20-24 Female	19	Spires, Katharyne	31:45.04	10:13	Cherry Valley, IL
20-24 Female	20	Smith, Rebecca	31:45.76	10:13	Stillman Valley, IL
20-24 Female	21	Schoenberg, Hannah	32:14.17	10:23	Roscoe, IL
20-24 Female	22	Adkison, Emily	32:35.16	10:29	Byron, IL
20-24 Female	23	Phillips, Adrian	32:38.19	10:30	Rockford, IL
20-24 Female	24	Roth, Heather	33:23.10	10:45	Byron, IL
20-24 Female	25	Sible, Lauren	33:23.10	10:45	Oregon, IL
20-24 Female	26	Peters, Micah	34:24.42	11:04	Cherry Valley, IL
20-24 Female	27	Bujarska, Kathy	34:34.32	11:08	De Kalb, IL
20-24 Female	28	Dreher, Felicia	34:35.21	11:08	Rockford, IL
20-24 Female	29	Fish, Julia	34:48.41	11:12	Belvidere, IL
20-24 Female	30	Day, Emily	36:09.65	11:38	Machesney Park, IL
20-24 Female	31	Ambrosini, Andrew	38:04.67	12:15	Roscoe, IL
20-24 Female	32	White, Kelsey	38:15.42	12:19	Belvidere, IL
20-24 Female	33	Lovgren, Kaela	40:16.05	12:58	Rockford, IL
20-24 Female	34	Mc Elroy, Amanda	41:06.92	13:14	Belvidere, IL
20-24 Female	35	Block, Whitney	41:23.07	13:19	Rockford, IL
20-24 Female	36	Scanlan, Megan	43:31.51	14:01	Rockford, IL
20-24 Female	37	Gonzalez, Alejandra	47:07.08	15:10	Rockford, IL
20-24 Female	38	Goc, Nicole	51:19.24	16:31	Chicago, IL
20-24 Female	39	Hernandez, Jacqueline	51:20.50	16:32	Chicago, IL
20-24 Male	1	Gaynor, Drew	18:27.92	5:57	Twinsburg, OH
20-24 Male	2	Logan, John	19:10.91	6:10	Rockford, IL
20-24 Male	3	Perea, Mauricio	22:15.09	7:10	Rockford, IL

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
20-24 Male	4	Griffiths, Eric	23:50.67	7:40	Kenosha, WI
20-24 Male	5	Beyer, Daniel	24:14.31	7:48	Beloit, WI
20-24 Male	6	Le Clere, Austin	25:48.99	8:19	Rockford, IL
20-24 Male	7	Luna, Oscar	28:00.78	9:01	Rockford, IL
20-24 Male	8	Lugo, Martin	28:24.61	9:09	Rockford, IL
20-24 Male	9	Fregoso, Antonio	28:31.03	9:11	Belvidere, IL
20-24 Male	10	Murray, Ben	28:41.39	9:14	Winnebago, IL
20-24 Male	11	Rezin, Phil	29:41.82	9:34	Rockford, IL
20-24 Male	12	Bagne, Alex	29:43.25	9:34	Loves Park, IL
20-24 Male	13	Corirossi, Zack	30:43.07	9:53	Rockford, IL
20-24 Male	14	Bartkowiak, Jacob	31:04.38	10:00	Machesney Park, IL
20-24 Male	15	Bailey, Nathaniel	32:19.42	10:24	Kirkland, IL
20-24 Male	16	Butts, Nathan	32:44.27	10:32	Roscoe, IL
20-24 Male	17	Albertie, Ryan	33:46.50	10:52	Beloit, WI
20-24 Male	18	Thayer, Brian	40:56.40	13:11	Belvidere, IL
25-29 Female	1	Reese, Chrissy	25:08.15	8:05	Rockford, IL
25-29 Female	2	Slabaugh, Kathleen	26:17.84	8:28	Rockford, IL
25-29 Female	3	Phelps, Rachel	26:18.34	8:28	
25-29 Female	4	Erickson, Ashley	26:24.40	8:30	Pecatonica, IL
25-29 Female	5	Meinert, Kelsey	26:57.23	8:41	Durand, IL
25-29 Female	6	Hynning, Teryn	27:10.83	8:45	Cherry Valley, IL
25-29 Female	7	Applegate, Laura	27:25.92	8:50	Rockford, IL
25-29 Female	8	Werrbach, Katelynn	27:41.82	8:55	Chicago, IL
25-29 Female	9	Lammi, Stephanie	27:50.97	8:58	Rockford, IL
25-29 Female	10	Hawker, Christina	28:39.15	9:13	Rockford, IL
25-29 Female	11	Alderks, Kelsey	28:39.52	9:13	Cherry Valley, IL
25-29 Female	12	Peterson, Chelsea	29:58.86	9:39	Chicago, IL
25-29 Female	13	Peterson, Alexandra	30:08.85	9:42	Rockford, IL
25-29 Female	14	Souhala, Alizabeth	30:14.77	9:44	Rockford, IL
25-29 Female	15	Pickel, Ashley	32:25.05	10:26	Rockford, IL
25-29 Female	16	Neville, Courtney	32:25.75	10:26	Rockford, IL
25-29 Female	17	Reyes, Guadalupe	33:02.83	10:38	Belvidere, IL
25-29 Female	18	Block, Robyn	34:01.41	10:57	Rockford, IL
25-29 Female	19	Saxton, Ashlee	34:02.28	10:57	Rockford, IL
25-29 Female	20	Tomlinson, Joanna	34:33.67	11:07	Harvard, IL
25-29 Female	21	Thammavong, Phenh	35:48.01	11:31	Cherry Valley, IL
25-29 Female	22	Clark, Rachael	35:53.72	11:33	Roscoe, IL
25-29 Female	23	Countryman, Jamie	36:44.15	11:49	Rockford, IL
25-29 Female	24	Bagne, Rachel	36:52.96	11:52	Loves Park, IL
25-29 Female	25	Bayer, Cathy	37:09.74	11:58	Rockford, IL

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
25-29 Female	26	Gilson, Katelyn	38:52.24	12:31	Winnebago, IL
25-29 Female	27	Staub, Marisha	38:53.05	12:31	Machesney Park, IL
25-29 Female	28	Cox, Erica	40:54.79	13:10	South Beloit, IL
25-29 Female	29	Mc Elroy, Shannon	41:06.46	13:14	Belvidere, IL
25-29 Female	30	Parisot, Danielle	42:05.16	13:33	Stillman Valley, IL
25-29 Female	31	Peterson, Brittnie	46:55.87	15:06	South Beloit, IL
25-29 Female	32	Murray, Anna	48:15.31	15:32	Winnebago, IL
25-29 Male	1	Johnson, Luke	17:22.97	5:36	Rockford, IL
25-29 Male	2	Smith, Bill	17:50.37	5:45	Arlington Heights, IL
25-29 Male	3	Portugal, Tony	18:17.45	5:53	Mt Morris, IL
25-29 Male	4	Nelson, Gregory	19:13.15	6:11	Cherry Valley, IL
25-29 Male	5	Hernandez, Jose	20:37.31	6:38	Rockford, IL
25-29 Male	6	Schlichting, Jake	22:52.00	7:22	Belvidere, IL
25-29 Male	7	Crain, Corey	23:09.05	7:27	Rockford, IL
25-29 Male	8	Helm, Nicholas	23:12.91	7:28	
25-29 Male	9	Nachampassack, James	24:39.63	7:56	Rockford, IL
25-29 Male	10	Sarver, Alex	26:19.11	8:28	Rockford, IL
25-29 Male	11	Salley, Ben	26:24.15	8:30	St. Francis, WI
25-29 Male	12	Morris JR., Tim	27:07.96	8:44	Janesville, WI
25-29 Male	13	Hynning, Jerad	27:10.67	8:45	Cherry Valley, IL
25-29 Male	14	Stark, Adam	28:06.40	9:03	Belvidere, IL
25-29 Male	15	Carlson, Jayme	28:29.02	9:10	Belvidere, IL
25-29 Male	16	Strombeck, Stephen	29:43.59	9:34	South Beloit, IL
25-29 Male	17	Stedman, Jordan	30:27.01	9:48	South Beloit, IL
25-29 Male	18	Gabel, Matthew	31:05.64	10:01	Rockford, IL
25-29 Male	19	Kooy, Michael	31:20.96	10:05	De Kalb, IL
25-29 Male	20	Oberg, Jon	32:11.32	10:22	South Beloit, IL
25-29 Male	21	Holliday, Adam	32:40.52	10:31	Rockford, IL
25-29 Male	22	Thorson, Josh	35:58.50	11:35	Roscoe, IL
25-29 Male	23	King, Kevin	38:43.05	12:28	Sycamore, IL
25-29 Male	24	Mc Cormick, Ryan	40:15.97	12:58	Rockford, IL
25-29 Male	25	Smith, Jonathan	41:22.43	13:19	Loves Park, IL
25-29 Male	26	Catubig, Eden Lee	55:44.62	17:57	Carpentersville, IL
30-34 Female	1	Torres, Deysi	21:38.80	6:58	Rockford, IL
30-34 Female	2	Baumgardt, Liz	21:47.71	7:01	Rockford, IL
30-34 Female	3	Muchow, Jennifer	23:36.31	7:36	Rockford, IL
30-34 Female	4	White, Candace	24:13.86	7:48	Belvidere, IL
30-34 Female	5	Lange, Stephanie	24:30.93	7:53	Winnebago, IL
30-34 Female	6	Loner, Amy	24:44.97	7:58	Rockford, IL

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
30-34 Female	7	Lewis, Amy	24:56.17	8:02	Rockford, IL
30-34 Female	8	Saufley, Marla	25:31.58	8:13	Loves Park, IL
30-34 Female	9	Barron, Lindsay	25:33.53	8:14	Rockford, IL
30-34 Female	10	Kutz, Andrea	25:41.98	8:16	Roscoe, IL
30-34 Female	11	Zehlke, Miranda	26:22.76	8:29	Madison, WI
30-34 Female	12	Cipri, Alison	27:11.37	8:45	Crystal Lake, IL
30-34 Female	13	Stella, Jennifer	27:23.07	8:49	Loves Park, IL
30-34 Female	14	Lake, Amanda	27:42.04	8:55	Rockford, IL
30-34 Female	15	Bengtsson, Linnea	27:47.29	8:57	Rockford, IL
30-34 Female	16	Karlson, Jenny	27:58.62	9:00	Rockford, IL
30-34 Female	17	Crenshaw, Shanna	28:06.94	9:03	Loves Park, IL
30-34 Female	18	Salo, Alison	28:24.81	9:09	Byron, IL
30-34 Female	19	Dimke, Jamie	28:57.54	9:19	Rockford, IL
30-34 Female	20	Smith, Samantha	29:00.43	9:20	Belvidere, IL
30-34 Female	21	Crain, Simone	29:03.10	9:21	Montgomery, IL
30-34 Female	22	Thomas, Sara	29:11.63	9:24	Milwaukee, WI
30-34 Female	23	Thomas, Holly	29:11.83	9:24	Eau Claire, WI
30-34 Female	24	Lingel, Jyll	29:16.05	9:25	Winnebago, IL
30-34 Female	25	Fassler, Josi	29:27.16	9:29	Oregon, IL
30-34 Female	26	Lundberg, Tiffany	29:48.17	9:36	Roscoe, IL
30-34 Female	27	Kuzniar, Andrea	29:58.57	9:39	Rockford, IL
30-34 Female	28	Schaiberger, Heidi	30:04.01	9:41	Chicago, IL
30-34 Female	29	Campbell, Kristen	30:17.37	9:45	Rockton, IL
30-34 Female	30	White, Aubrey	30:25.42	9:48	Rockford, IL
30-34 Female	31	Dums, Renee	30:26.88	9:48	Rockford, IL
30-34 Female	32	Shelton, Lindsey	30:35.13	9:51	Rockford, IL
30-34 Female	33	Rager, Katrina	30:42.80	9:53	Oregon, IL
30-34 Female	34	Dal Santo, Jennifer	31:23.83	10:06	Belvidere, IL
30-34 Female	35	Kersey, Karen	31:29.06	10:08	Machesney Park, IL
30-34 Female	36	Westlund, Renee	32:15.49	10:23	Rockford, IL
30-34 Female	37	Meyers, Leigh	32:16.49	10:23	Rockford, IL
30-34 Female	38	Hoskins, Jami	32:36.54	10:30	Rockford, IL
30-34 Female	39	Sforza, Marisa	32:48.58	10:34	Rockford, IL
30-34 Female	40	Shedden, Tara	32:54.67	10:36	Belvidere, IL
30-34 Female	41	Kohler, Kathleen	33:47.43	10:53	Rochelle, IL
30-34 Female	42	Christy, Rebecca	34:22.25	11:04	Roscoe, IL
30-34 Female	43	Stark, Brooke	34:24.06	11:04	Belvidere, IL
30-34 Female	44	Corder, Stacey	35:26.83	11:25	Roscoe, IL
30-34 Female	45	Schlichting, Elyce	35:44.93	11:30	Belvidere, IL
30-34 Female	46	Hubley - Thorson, Heather	35:55.64	11:34	Roscoe, IL
30-34 Female	47	Grabin, Beth	35:57.46	11:34	Rockford, IL

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
30-34 Female	48	Rodriguez, Tiffany	35:59.28	11:35	Cherry Valley, IL
30-34 Female	49	Mitchel, Jake	36:10.51	11:39	Rockford, IL
30-34 Female	50	Loofboro, Jana	36:10.53	11:39	Belvidere, IL
30-34 Female	51	Mathias, Trisha	36:20.92	11:42	Rockford, IL
30-34 Female	52	Thammavong, Chankham	36:22.68	11:43	Cherry Valley, IL
30-34 Female	53	La Monica, Carly	36:33.70	11:46	Machesney Park, IL
30-34 Female	54	Gibbons, Sheila	37:11.48	11:58	Belvidere, IL
30-34 Female	55	Shillinger, Elizabeth	37:50.18	12:11	Roscoe, IL
30-34 Female	56	Stoll, Meredith	38:01.38	12:14	Rockford, IL
30-34 Female	57	Alford, Sara	39:03.49	12:34	Oregon, IL
30-34 Female	58	Noordwal, Laura	39:44.16	12:47	Rockford, IL
30-34 Female	59	Corrigan, Amanda	40:39.04	13:05	Stillman Valley, IL
30-34 Female	60	Van Dorpe, Kristy	41:19.85	13:18	Chicago, IL
30-34 Female	61	Lakey, Beth	42:08.60	13:34	Machesney Park, IL
30-34 Female	62	Fuelling, Tricia	46:03.73	14:50	Geneseo, IL
30-34 Female	63	Hoskinson, Kristel	50:32.90	16:16	Machesney Park, IL
30-34 Female	64	Kilarski, Bethany	53:04.85	17:05	Oregon, IL
30-34 Female	65	Robinson, Rebecca	53:11.77	17:07	Machesney Park, IL
30-34 Male	1	Kennedy, Timothy	18:21.54	5:55	Rockford, IL
30-34 Male	2	Kelley, Jason	18:55.55	6:06	Rockford, IL
30-34 Male	3	Zuhlke, Tom	19:40.81	6:20	Madison, WI
30-34 Male	4	Cavanagh, Daniel	20:18.99	6:32	Algonquin, IL
30-34 Male	5	Ellerbroek, Michael	21:31.03	6:56	Roscoe, IL
30-34 Male	6	Mincemoyer, Dan	22:18.58	7:11	Monroe Center, IL
30-34 Male	7	Hotopp, Matt	22:46.68	7:20	Rockford, IL
30-34 Male	8	Coester, Jeff	23:02.88	7:25	Byron, IL
30-34 Male	9	Wolf, David	23:33.60	7:35	Rock Falls, IL
30-34 Male	10	Crain, Jordan	24:50.74	8:00	Montgomery, IL
30-34 Male	11	Eaton, Matt	24:52.46	8:00	Rockford, IL
30-34 Male	12	Schneider, Nick	25:09.69	8:06	Beloit, WI
30-34 Male	13	Henao, John	26:01.04	8:22	Rockford, IL
30-34 Male	14	Morgenroth, Andrew	26:19.29	8:28	Algonquin, IL
30-34 Male	15	White, Harley	27:53.10	8:59	Rockford, IL
30-34 Male	16	Meyers, Joe	27:56.65	9:00	Roscoe, IL
30-34 Male	17	Nelson, Brett	28:06.07	9:03	Belvidere, IL
30-34 Male	18	Cismesia, Jeffrey	28:36.85	9:13	Rockford, IL
30-34 Male	19	Lake, Nathan	29:07.96	9:23	Rockford, IL
30-34 Male	20	Bahling, Jason	30:19.38	9:46	Loves Park, IL
30-34 Male	21	Oberg, Jeff	31:58.59	10:18	Rockford, IL
30-34 Male	22	Martinez, Guillermo	34:12.07	11:01	Rockford, IL

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
30-34 Male	23	Carrillo, Victor	35:25.16	11:24	Round Lake, IL
30-34 Male	24	Murphy, Jason	36:39.53	11:48	De Kalb, IL
30-34 Male	25	Lewis, Justin	38:29.79	12:23	Poplar Grove, IL
30-34 Male	26	Van Horn, Steve	42:47.18	13:46	Rockford, IL
35-39 Female	1	Gjertsen - Martino, Vera	21:56.47	7:04	Rockford, IL
35-39 Female	2	Hoppe, Heidi	23:55.35	7:42	Roscoe, IL
35-39 Female	3	Mc Laren, Tara	25:07.52	8:05	Machesney Park, IL
35-39 Female	4	Lundine, Kristi	25:29.66	8:12	Stillman Valley, IL
35-39 Female	5	Oswald, Lindsey	25:37.40	8:15	South Beloit, IL
35-39 Female	6	Williamson, Lisa	26:47.48	8:37	Loves Park, IL
35-39 Female	7	Lemke, Dawn	26:47.78	8:38	Rockford, IL
35-39 Female	8	Beasley, Jodi	27:11.50	8:45	Crystal Lake, IL
35-39 Female	9	Faron, Angela	27:32.72	8:52	Machesney Park, IL
35-39 Female	10	Frederick, Lisa	27:36.72	8:53	Roscoe, IL
35-39 Female	11	Jefferson, Cady	27:52.05	8:58	Loves Park, IL
35-39 Female	12	Tolsma, Sherri	27:52.79	8:58	Belvidere, IL
35-39 Female	13	Wilgus, Michelle	28:12.78	9:05	Rockford, IL
35-39 Female	14	Baker, Shane	28:20.77	9:07	Rockford, IL
35-39 Female	15	Grant, Sara	28:51.77	9:17	
35-39 Female	16	Winberg, Jennifer	29:07.23	9:22	Loves Park, IL
35-39 Female	17	Messinger, Carrie	29:10.17	9:23	Roscoe, IL
35-39 Female	18	Voltz, Renee	29:17.20	9:26	Loves Park, IL
35-39 Female	19	Garnhart, Meghan	29:25.18	9:28	Rockford, IL
35-39 Female	20	Midgett, Jenny	30:01.50	9:40	Roscoe, IL
35-39 Female	21	Lowery, Beth	30:32.31	9:50	Winnebago, IL
35-39 Female	22	Flores, Sonia	30:49.85	9:55	Loves Park, IL
35-39 Female	23	Hampl, Angel	31:22.46	10:06	Rockford, IL
35-39 Female	24	Lungstrom, Jennifer	31:42.11	10:12	Rockford, IL
35-39 Female	25	Enna, Amy	31:47.82	10:14	Rockford, IL
35-39 Female	26	Fishe, Lori	32:37.51	10:30	Roscoe, IL
35-39 Female	27	Finocchio, Antonia	34:07.81	10:59	Pecatonica, IL
35-39 Female	28	Gill, Becky	34:24.25	11:04	Belvidere, IL
35-39 Female	29	Morey, Erin	34:24.34	11:04	Belvidere, IL
35-39 Female	30	Engelhard, Jenni	34:26.82	11:05	Poplar Grove, IL
35-39 Female	31	Engler, Kelly	35:19.15	11:22	Loves Park, IL
35-39 Female	32	Mayon, Seng	35:21.19	11:23	Rockford, IL
35-39 Female	33	Butz, Erica	36:44.74	11:50	Rockford, IL
35-39 Female	34	Green, Tiffany	37:07.39	11:57	Belvidere, IL
35-39 Female	35	Lehman, Malanie	37:29.05	12:04	Middleton, WI
35-39 Female	36	Rigney, Marcia	37:29.18	12:04	Rockford, IL

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
35-39 Female	37	Harned, Tui	38:50.18	12:30	Rockford, IL
35-39 Female	38	Haskett, Rachel	39:14.37	12:38	Belvidere, IL
35-39 Female	39	Grundahl, Amber	39:16.82	12:39	Loves Park, IL
35-39 Female	40	Dailey, Sara	39:36.30	12:45	Machesney Park, IL
35-39 Female	41	Michigan, Lilit	40:53.81	13:10	Stillman Valley, IL
35-39 Female	42	Mc Fadden, Amanda	41:17.25	13:17	Winnebago, IL
35-39 Female	43	Mc Williams, Christi	41:23.56	13:19	Rockton, IL
35-39 Female	44	Ball, Crystal	43:01.67	13:51	Loves Park, IL
35-39 Female	45	O' Connor, Kari	43:05.08	13:52	Machesney Park, IL
35-39 Female	46	Hinerichsen, Traci	43:39.72	14:03	Machesney Park, IL
35-39 Female	47	Wilburn, Stephanie	47:57.79	15:26	Rockford, IL
35-39 Female	48	Brownlee, Lynnell	51:09.43	16:28	Rockford, IL
35-39 Female	49	Thammavong, Chan	52:25.45	16:52	Rockford, IL
35-39 Male	1	Teunissen, Tony	16:58.62	5:28	Belvidere, IL
35-39 Male	2	Schroeder, Justin	17:46.86	5:43	Belvidere, IL
35-39 Male	3	Martino, Phillip	18:17.63	5:53	Rockford, IL
35-39 Male	4	Kottke, Carl	20:21.36	6:33	Rockford, IL
35-39 Male	5	Fagerstrom, Kevin	21:22.21	6:53	Rockton, IL
35-39 Male	6	Harned, Aaron	22:26.60	7:13	Rockford, IL
35-39 Male	7	Churches, Seth	22:33.08	7:16	Beloit, WI
35-39 Male	8	Munson, Jeremy	23:15.80	7:29	Rockford, IL
35-39 Male	9	Dobbs, Scot	23:28.68	7:33	Rockford, IL
35-39 Male	10	Abbott, Matt	23:54.30	7:42	Rockton, IL
35-39 Male	11	Erb, John	24:17.83	7:49	Loves Park, IL
35-39 Male	12	Holder, James	24:33.88	7:54	Loves Park, IL
35-39 Male	13	Kadar, Jason	24:35.89	7:55	Rockford, IL
35-39 Male	14	Scordato, Marc	25:24.01	8:11	Rockford, IL
35-39 Male	15	Yeager, Brent	25:26.60	8:11	Roscoe, IL
35-39 Male	16	Martin, Shane	25:31.32	8:13	Machesney Park, IL
35-39 Male	17	Hinerichsen, Rich	26:34.99	8:33	Machesney Park, IL
35-39 Male	18	Aubourg, Marc	26:48.55	8:38	Rockford, IL
35-39 Male	19	Conner, Erik	27:11.90	8:45	Milwaukee, WI
35-39 Male	20	Cabello, Rob	27:15.31	8:46	Rockford, IL
35-39 Male	21	Mangrum, Willie	29:04.90	9:22	Rock City, IL
35-39 Male	22	Fishe, Michael	30:14.25	9:44	Roscoe, IL
35-39 Male	23	Lingel, Joe	30:30.71	9:49	Winnebago, IL
35-39 Male	24	Wallace, Brandon	31:07.75	10:01	Rockford, IL
35-39 Male	25	Toney, Brandan	31:08.20	10:01	Rockford, IL
35-39 Male	26	Cauwels, Ryan	31:15.62	10:04	Rockford, IL
35-39 Male	27	Thompson, Christopher	31:39.28	10:11	Dixon, IL

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
35-39 Male	28	Walters, Scott	32:01.59	10:19	Rockford, IL
35-39 Male	29	Johannsen, Scott	32:15.23	10:23	Loves Park, IL
35-39 Male	30	Foster, Eric	32:26.01	10:26	Rockford, IL
35-39 Male	31	Harned, Mark	32:34.78	10:29	Rockford, IL
35-39 Male	32	Shedden, Rob	32:54.77	10:36	Belvidere, IL
35-39 Male	33	Shillinger, Jeff	33:18.97	10:43	Roscoe, IL
35-39 Male	34	Kuroda, Jay	33:47.69	10:53	Rockford, IL
35-39 Male	35	Zammuto, A J	34:58.78	11:16	Rockford, IL
35-39 Male	36	Stretz, Peter	39:00.13	12:33	Machesney Park, IL
35-39 Male	37	Smallwood, Lenny	41:58.68	13:31	South Beloit, IL
35-39 Male	38	O' Connor, Brandon	43:04.48	13:52	Machesney Park, IL
35-39 Male	39	Kochheiser, Jason	44:53.00	14:27	Roscoe, IL
40-44 Female	1	Corona, Stacia	25:24.59	8:11	Madison, WI
40-44 Female	2	Crowell, Sheryl	26:02.31	8:23	Loves Park, IL
40-44 Female	3	Ulferts, Tricia	26:09.35	8:25	Belvidere, IL
40-44 Female	4	Stewart, Cheryl	26:20.55	8:29	Rockford, IL
40-44 Female	5	Walker, Michele	26:31.32	8:32	Winnebago, IL
40-44 Female	6	Herrmann, Stephanie	26:39.70	8:35	Steward, IL
40-44 Female	7	Watkins, Christa	26:54.08	8:40	Rock City, IL
40-44 Female	8	Bolin, Kimberly	27:40.00	8:54	South Beloit, IL
40-44 Female	9	Smith, Annie	28:11.61	9:04	Batavia, IL
40-44 Female	10	Riggle, Rachel	28:24.93	9:09	Rockford, IL
40-44 Female	11	Schroeder, Anne Catherine	29:53.36	9:37	Rockford, IL
40-44 Female	12	Kieser, Janet	30:04.21	9:41	Rockford, IL
40-44 Female	13	Elbers, Christina	30:10.71	9:43	Rockford, IL
40-44 Female	14	Harvey, Stephanie	30:15.66	9:44	Byron, IL
40-44 Female	15	Scotvold, Hilarie	30:22.62	9:47	Rockford, IL
40-44 Female	16	Henry, Lorriace	30:24.93	9:47	Rockford, IL
40-44 Female	17	Pipitone, Julie	30:50.76	9:56	Rockford, IL
40-44 Female	18	Dinger, Stacy	31:04.70	10:00	Machesney Park, IL
40-44 Female	19	Zwiger, Lori	31:15.65	10:04	Roscoe, IL
40-44 Female	20	Rumery, Charity	31:23.27	10:06	Rockford, IL
40-44 Female	21	Ropp, Wendy	32:56.85	10:36	Rockford, IL
40-44 Female	22	Mc Daniel, Tanya	33:00.76	10:38	Rockford, IL
40-44 Female	23	Hedrick, Kathleen	33:11.83	10:41	Loves Park, IL
40-44 Female	24	Salgado, Karyn	33:23.85	10:45	Belvidere, IL
40-44 Female	25	Coryell, Misty	33:24.59	10:45	Belvidere, IL
40-44 Female	26	Ludwig, Katy	34:03.18	10:58	St Charles, IL
40-44 Female	27	Mallett, Kristen	34:03.75	10:58	Huntley, IL
40-44 Female	28	Roether, Tammy	34:10.22	11:00	Long Beach, CA

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
40-44 Female	29	Nestel, Terri	34:12.07	11:01	Rockford, IL
40-44 Female	30	Soma, Dawn	34:26.15	11:05	Belvidere, IL
40-44 Female	31	Steward, Christina	39:08.11	12:36	Rockford, IL
40-44 Female	32	Graham, Karla	41:06.55	13:14	Rockford, IL
40-44 Female	33	Thomas, Tammy	43:29.24	14:00	Belvidere, IL
40-44 Female	34	Chi Barbudo, Elsy Rebeca	45:04.60	14:31	Rockford, IL
40-44 Female	35	Hill, Stacy	45:45.36	14:44	Rockton, IL
40-44 Female	36	Velazquez, Madeline	46:40.13	15:01	Rockford, IL
40-44 Female	37	Busch, Amy	47:10.93	15:11	Freeport, IL
40-44 Female	38	Greenberg, Darla	48:21.61	15:34	Winnebago, IL
40-44 Male	1	Bottcher, Brian	20:33.41	6:37	Caledonia, IL
40-44 Male	2	Pierce, Brandon	21:05.64	6:47	Rockford, IL
40-44 Male	3	Alligood, Joe	21:07.49	6:48	Rockford, IL
40-44 Male	4	Torres, Candelario	21:47.68	7:01	Rockford, IL
40-44 Male	5	Fitzgerald, Marvin	22:09.87	7:08	Rockford, IL
40-44 Male	6	Grant, Jon	22:25.25	7:13	Rockton, IL
40-44 Male	7	Bunting, Ryan	22:44.33	7:19	Rockford, IL
40-44 Male	8	Serrano, Carlos	22:47.20	7:20	Rockford, IL
40-44 Male	9	Lundine, Dan	22:59.28	7:24	Stillman Valley, IL
40-44 Male	10	Peterson, Jay	23:49.84	7:40	Roscoe, IL
40-44 Male	11	Reaven - Edlen, Bob	23:55.11	7:42	Rockford, IL
40-44 Male	12	Salgado, Emilio	25:17.77	8:09	Belvidere, IL
40-44 Male	13	Graham, Larry	25:18.68	8:09	Rockford, IL
40-44 Male	14	Pipitone, Andy	25:28.29	8:12	Rockford, IL
40-44 Male	15	Killam, Jeff	25:36.19	8:14	South Beloit, IL
40-44 Male	16	Boose, Tony	26:04.56	8:24	Rockford, IL
40-44 Male	17	Hoff, Don	26:15.51	8:27	Rockford, IL
40-44 Male	18	Wallace, Eddie	26:29.00	8:31	Rockford, IL
40-44 Male	19	Hall, Peter	26:35.49	8:34	Loves Park, IL
40-44 Male	20	Vella, David	26:51.91	8:39	Rockford, IL
40-44 Male	21	Christenson, Stacey	27:27.88	8:50	Belvidere, IL
40-44 Male	22	Kruger, Ken	27:42.28	8:55	Caledonia, IL
40-44 Male	23	Zahurones, Dean	28:25.04	9:09	Belvidere, IL
40-44 Male	24	Zahurones, Steve	28:25.68	9:09	Belvidere, IL
40-44 Male	25	Beard, Dan	29:09.20	9:23	Rockford, IL
40-44 Male	26	Yates, Kevin	29:25.72	9:28	Rockford, IL
40-44 Male	27	Ropp, Karl	29:27.74	9:29	Rockford, IL
40-44 Male	28	Persson, Derek	29:41.57	9:33	Poplar Grove, IL
40-44 Male	29	Steward, Roman	29:43.58	9:34	Rockford, IL
40-44 Male	30	Staben, Eric	30:13.64	9:44	Cedarville, IL

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
40-44 Male	31	Edlen, Jason	31:07.55	10:01	Rockford, IL
40-44 Male	32	Klunk, Mike	31:39.44	10:11	Belvidere, IL
40-44 Male	33	Stella, Sam	32:16.00	10:23	Loves Park, IL
40-44 Male	34	Rose, Bill	32:41.57	10:31	Machesney Park, IL
40-44 Male	35	Fry, Bert	32:55.62	10:36	Leaf River, IL
40-44 Male	36	Christiansen, Brad	34:36.28	11:08	Union, IL
40-44 Male	37	Gahl, Keith	34:37.80	11:09	Machesney Park, IL
40-44 Male	38	Smith, Michael	37:09.22	11:58	Batavia, IL
40-44 Male	39	Stoll, Ryan	38:00.10	12:14	Rockford, IL
40-44 Male	40	Loven, John	40:38.37	13:05	South Beloit, IL
45-49 Female	1	Milne, Xan	23:44.93	7:39	Loves Park, IL
45-49 Female	2	Diaz, Amy	28:20.10	9:07	Rockford, IL
45-49 Female	3	Jerie, Kim	28:41.34	9:14	Rockford, IL
45-49 Female	4	Adam, M. Michelle	28:51.79	9:17	Rockford, IL
45-49 Female	5	Jorgenson, Carla	29:14.52	9:25	Roscoe, IL
45-49 Female	6	Hill, Julie	29:22.81	9:27	Rockton, IL
45-49 Female	7	Butler, Terri	29:33.08	9:31	Rockford, IL
45-49 Female	8	Barrett, Melissa	29:41.53	9:33	Lebanon, OH
45-49 Female	9	Priola, Sally	29:58.75	9:39	Rockford, IL
45-49 Female	10	Gallagher, Julia	30:04.12	9:41	Rockford, IL
45-49 Female	11	Limberg, Corinna	30:12.04	9:43	Roscoe, IL
45-49 Female	12	Johnson, Jacqueline	30:22.77	9:47	Belvidere, IL
45-49 Female	13	Weter, Laura	30:38.41	9:52	Belvidere, IL
45-49 Female	14	La Fleur, Danielle	30:56.18	9:57	Roscoe, IL
45-49 Female	15	Luchini, Theresa	31:43.41	10:13	Rockford, IL
45-49 Female	16	Ritschel Boehle, Kelli	31:43.89	10:13	Rockford, IL
45-49 Female	17	Elmer, Lisa	32:09.01	10:21	Machesney Park, IL
45-49 Female	18	Henning, Liz	33:00.98	10:38	Rockton, IL
45-49 Female	19	Zwart, Laura	33:01.13	10:38	South Beloit, IL
45-49 Female	20	Mosher, Dawn	33:07.84	10:40	Rockford, IL
45-49 Female	21	Pecor, Carol	33:55.80	10:55	Rockton, IL
45-49 Female	22	Pick, Julie	34:09.67	11:00	Rockford, IL
45-49 Female	23	Ozartun, Gayle	34:48.33	11:12	Belvidere, IL
45-49 Female	24	Nowak, Shelly	35:46.80	11:31	Machesney Park, IL
45-49 Female	25	Sarver - West, Melissa	36:17.36	11:41	Rockford, IL
45-49 Female	26	Von Haden, Lisa	36:26.94	11:44	Middleton, WI
45-49 Female	27	Hepner, Dawn	38:12.16	12:18	Rockford, IL
45-49 Female	28	Huber, Julie	38:59.22	12:33	Rockford, IL
45-49 Female	29	Redler, Tonya	39:13.69	12:38	South Beloit, IL
45-49 Female	30	Ray, Pam	40:05.85	12:54	Rockford, IL

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
45-49 Female	31	Freeman, Kelly	42:12.61	13:35	Loves Park, IL
45-49 Female	32	Ranken, Beth	44:42.21	14:23	Rockford, IL
45-49 Male	1	Quinones, Armando	19:04.24	6:08	Rockford, IL
45-49 Male	2	Reck, Brian	19:23.13	6:14	Caledonia, IL
45-49 Male	3	Kunde, John	19:58.84	6:26	Machesney Park, IL
45-49 Male	4	Kazmerski, Greg	20:47.35	6:41	Loves Park, IL
45-49 Male	5	Claus, Steve	22:26.88	7:14	Loves Park, IL
45-49 Male	6	Rouglagaiba, Antonio	23:38.47	7:37	Rockford, IL
45-49 Male	7	Bybee, Scott	25:46.27	8:18	Rockton, IL
45-49 Male	8	Riegler, David	25:59.96	8:22	Byron, IL
45-49 Male	9	Lentz, Robert	26:12.40	8:26	Byron, IL
45-49 Male	10	Wales, Ed	27:52.57	8:58	Belvidere, IL
45-49 Male	11	Fischer, Mark	27:58.59	9:00	Rockford, IL
45-49 Male	12	Keffer, Pete	27:59.08	9:00	Rockford, IL
45-49 Male	13	Howlett, Steve	28:00.14	9:01	Loves Park, IL
45-49 Male	14	Whiteman, Jeff	28:24.07	9:08	Rockford, IL
45-49 Male	15	Drager, Todd	29:03.85	9:21	Rockford, IL
45-49 Male	16	Miller, Todd	29:05.66	9:22	Winnebago, IL
45-49 Male	17	Bennett, Gavin	29:11.60	9:24	Loves Park, IL
45-49 Male	18	Barrett, Rob	29:41.22	9:33	Lebanon, OH
45-49 Male	19	Scott, Michael	30:09.11	9:42	Belvidere, IL
45-49 Male	20	Mintz, Stephen	31:43.81	10:13	Rockford, IL
45-49 Male	21	Ritter, Bob	32:35.60	10:29	Rockton, IL
45-49 Male	22	Partridge, Kerry	33:45.11	10:52	Rockford, IL
45-49 Male	23	Whittier, Curtis	33:49.32	10:53	Rockford, IL
50-54 Female	1	Meldrum, Susan	23:32.11	7:35	Cherry Valley, IL
50-54 Female	2	Bradley, Lori	24:50.00	8:00	Rockford, IL
50-54 Female	3	Mc Curdy, Jill	25:03.53	8:04	Loves Park, IL
50-54 Female	4	Kilgore, Margie	26:27.92	8:31	Roscoe, IL
50-54 Female	5	Eibl, Danette	27:24.07	8:49	Rockton, IL
50-54 Female	6	Crain, Cathy	27:46.74	8:56	Caledonia, IL
50-54 Female	7	Hier, Deborah	29:15.23	9:25	Rockford, IL
50-54 Female	8	Danekas, June	29:22.15	9:27	Oregon, IL
50-54 Female	9	Gordon, Catherine	29:56.84	9:38	De Kalb, IL
50-54 Female	10	Corirossi, Mary	30:43.85	9:53	Byron, IL
50-54 Female	11	Orvis, Amy	31:20.60	10:05	Byron, IL
50-54 Female	12	Fish, Susan	33:17.34	10:43	Belvidere, IL
50-54 Female	13	Kallas, Liz	33:31.48	10:47	Loves Park, IL
50-54 Female	14	Fetters, Teresa	34:00.63	10:57	Rockford, IL

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
50-54 Female	15	Baade, Cindy	34:04.84	10:58	Roscoe, IL
50-54 Female	16	Ethridge, Gretta	37:06.94	11:57	Rockford, IL
50-54 Female	17	Kramer, Jana	37:11.79	11:58	Rockford, IL
50-54 Female	18	Diaz, Lori	39:28.48	12:42	Roscoe, IL
50-54 Female	19	Howard, Pamela	41:02.81	13:13	Winnebago, IL
50-54 Female	20	Lippert, Michele	44:32.44	14:20	Rockford, IL
50-54 Female	21	Hart, Susan	50:05.42	16:07	Rockford, IL
50-54 Female	22	Vronch, Michelle	52:14.43	16:49	Rockton, IL
50-54 Male	1	Miller, Brian	20:14.04	6:31	Rockford, IL
50-54 Male	2	Broski, Michael	20:25.65	6:35	Machesney Park, IL
50-54 Male	3	Kirch, Mark	22:07.52	7:07	Rockford, IL
50-54 Male	4	Smith, Michael J	22:50.47	7:21	Belvidere, IL
50-54 Male	5	Hinkle, Larry	23:08.58	7:27	Rockford, IL
50-54 Male	6	White, Mike	23:50.62	7:40	Belvidere, IL
50-54 Male	7	Johnson, Randall	24:15.58	7:49	Beloit, WI
50-54 Male	8	Blondin, Ed	25:17.35	8:08	Rockford, IL
50-54 Male	9	Lippert, Chuck	25:29.80	8:12	Rockford, IL
50-54 Male	10	Rehfeldt, Paul	25:38.24	8:15	Rockton, IL
50-54 Male	11	Gordon, Randall	26:16.46	8:27	De Kalb, IL
50-54 Male	12	Hoaglund, Derek	26:39.33	8:35	Rockton, IL
50-54 Male	13	Tucker, David	26:57.35	8:41	Durand, IL
50-54 Male	14	Williams, Ronn	29:52.96	9:37	Rockford, IL
50-54 Male	15	Gagliano, Terry	31:24.96	10:07	
50-54 Male	16	Hilbert, Tom	31:43.77	10:13	Rockford, IL
50-54 Male	17	Carter, Thomas	31:45.69	10:13	Rockford, IL
50-54 Male	18	Haskett, Darrell	32:26.54	10:27	Belvidere, IL
50-54 Male	19	Shoemaker, Nicholas	37:15.42	12:00	Machesney Park, IL
50-54 Male	20	Hier, Matthew	37:23.22	12:02	Rockford, IL
50-54 Male	21	Guth, Joseph	39:20.27	12:40	Rockford, IL
50-54 Male	22	Hepner, Jeff	47:21.98	15:15	Rockford, IL
50-54 Male	23	Vronch, Tim	52:15.59	16:49	Rockton, IL
55-59 Female	1	Vodick - Mapes, Nan	28:57.91	9:19	Rockford, IL
55-59 Female	2	Jackson, Jill	29:15.27	9:25	Rockford, IL
55-59 Female	3	Manning, Cathy	29:30.75	9:30	Cherry Valley, IL
55-59 Female	4	Beatty, Kathy	30:04.20	9:41	Rockford, IL
55-59 Female	5	Bruha, Beth	30:20.00	9:46	Belvidere, IL
55-59 Female	6	Mullens, Sue	31:15.47	10:04	Roscoe, IL
55-59 Female	7	Mc Lain, Rhonda	33:04.91	10:39	Rockton, IL
55-59 Female	8	Lundberg, Terri	33:06.27	10:39	Pecatonica, IL

**Race Results
Age Divisions**

**Red Shoe 5K Run
Rockford, IL**

April 12, 2014

Division	Place	Name	Time	Pace	City, State
55-59 Female	9	Wihlborg, Mary	33:51.63	10:54	Rockford, IL
55-59 Female	10	Licht, Janet	34:13.17	11:01	Belvidere, IL
55-59 Female	11	Colvin, Karen	37:02.14	11:55	Elgin, IL
55-59 Female	12	Edie, Jean	38:19.50	12:20	Roscoe, IL
55-59 Female	13	Anderson, Sue	40:58.89	13:11	Rockford, IL
55-59 Female	14	May, Jackie	44:32.73	14:20	Rockford, IL
55-59 Female	15	White, Ronda	46:30.39	14:58	Rockford, IL
55-59 Female	16	Wilhelm, Ann	53:05.53	17:05	Oregon, IL
55-59 Male	1	Sweeney, Charles	25:56.95	8:21	Rockford, IL
55-59 Male	2	Kilgore, Don	26:31.29	8:32	Roscoe, IL
55-59 Male	3	Anderson, Tim	26:49.27	8:38	Rockford, IL
55-59 Male	4	Best, Phil	27:06.25	8:43	Byron, IL
55-59 Male	5	Kearney, Russ	27:07.34	8:44	Elgin, IL
55-59 Male	6	Speich, Kerry	27:27.11	8:50	Rockford, IL
55-59 Male	7	Phillips, Douglas	27:40.08	8:54	Rockford, IL
55-59 Male	8	Born, Michael	27:55.38	8:59	Loves Park, IL
55-59 Male	9	Boxleitnen, James	28:07.50	9:03	Cherry Valley, IL
55-59 Male	10	Vorel, Bruce	31:57.68	10:17	Rockford, IL
55-59 Male	11	Pierce, Jim	32:38.18	10:30	Rockford, IL
55-59 Male	12	Bresemann, Frank	37:02.71	11:55	Oregon, IL
55-59 Male	13	Haun, Dick	39:03.97	12:34	Roscoe, IL
55-59 Male	14	Cooper, Randy	40:16.13	12:58	Rockford, IL
60-64 Female	1	Lobdell, Nancy	32:02.36	10:19	Lena, IL
60-64 Female	2	Stegemann, Patricia	33:15.03	10:42	Cherry Valley, IL
60-64 Female	3	Sciortino - Bloom, Rosemary	35:27.98	11:25	Cherry Valley, IL
60-64 Female	4	Blough, Rose	40:35.28	13:04	Rockford, IL
60-64 Female	5	Johnson, Bill	41:05.46	13:14	Winnebago, IL
60-64 Male	1	Kitts, Jack	21:04.31	6:47	Rockford, IL
60-64 Male	2	Mc Clelland, Kenneth	21:06.10	6:48	Rockford, IL
60-64 Male	3	Shrum, Roger	23:41.22	7:37	Belvidere, IL
60-64 Male	4	Black, Brad	23:47.22	7:39	Naples, FL
60-64 Male	5	Fisher, Richard	24:57.55	8:02	Rockford, IL
60-64 Male	6	Laib, David	29:59.18	9:39	Rockford, IL
60-64 Male	7	Irwin, Ken	30:05.16	9:41	Rockford, IL
60-64 Male	8	Beckman, Wally	30:34.56	9:50	Rockford, IL
60-64 Male	9	Bloom, Jerry	32:20.91	10:25	Cherry Valley, IL
65-69 Female	1	Tuck, Hazen	32:37.99	10:30	Rockford, IL

Race Results
Age Divisions

Red Shoe 5K Run
Rockford, IL

April 12, 2014

Division	Place	Name	Time	Pace	City, State
65-69 Female	2	Deiter, Margie	43:06.90	13:53	Rockford, IL
65-69 Female	3	Austin, Rose	48:21.04	15:34	Belvidere, IL
65-69 Male	1	Jacobsen, Arne	27:34.33	8:52	Rockford, IL
65-69 Male	2	Wholey, Rick	28:28.00	9:10	Rockford, IL
65-69 Male	3	Patterson, Gary	50:33.19	16:16	Rockford, IL
70-74 Female	1	Joachim, Peggy	44:44.86	14:24	Rockford, IL
70-74 Male	1	Johnson, Tyger	24:03.27	7:45	Dakota, IL
70-74 Male	2	Tillett, George	26:27.59	8:31	Roscoe, IL
70-74 Male	3	Baker, Tom	27:12.69	8:46	Machesney Park, IL
70-74 Male	4	Behrens, James	37:00.70	11:55	Oregon, IL
75-80 Male	1	Barrett, Jim	30:35.02	9:51	Rockford, IL
75-80 Male	2	Greenberg, Glenn	42:43.01	13:45	Rockford, IL
98-99 Female	1	Del Real, Yoana	24:33.08	7:54	Rockford, IL