

Race Results
Age Divisions

Bow Tie 5K Run
Rockford, IL

June 11, 2016

Division	Place	Name	Time	Pace	City, State
Top Female		Martino, Natalia	21:14.38	6:50	Rockford, IL
Top Male		Quinones, Armando	18:59.48	6:07	Rockford, IL
1-10 Female	1	Lounsbury, Emilie	37:43.24	12:08	Beloit, WI
1-10 Male	1	Martino, Nicholai	22:43.32	7:19	Rockford, IL
1-10 Male	2	Da Silva, Sebastian	38:26.74	12:22	Loves Park, IL
11-14 Female	1	Pavlak, Averi	30:01.93	9:40	Winnebago, IL
11-14 Male	1	Andrews, Erik	48:34.16	15:38	Loves Park, IL
15-19 Female	1	Rodriquez, Mia	21:55.67	7:03	Rockford, IL
15-19 Female	2	Gorzek, Sarah	33:53.68	10:55	Rockford, IL
15-19 Female	3	Arnold, Lauren	45:18.09	14:35	Machesney Park, IL
15-19 Male	1	Hedin, Noah	19:38.32	6:19	Loves Park, IL
15-19 Male	2	Pavlak, Dylan	21:14.34	6:50	Winnebago, IL
15-19 Male	3	Bernard, Jacob	45:17.12	14:35	Machesney Park, IL
20-24 Female	1	Sanders, Katelynn Nicole	26:01.54	8:23	Beloit, WI
20-24 Female	2	Osborne, Kathryn	26:54.68	8:40	Loves Park, IL
20-24 Female	3	Stewart, Breahna	27:06.25	8:43	Rockford, IL
20-24 Female	4	Chiodini, Lizzy	33:06.20	10:39	
20-24 Female	5	Wagner, Audrey	40:57.25	13:11	Chicago, IL
20-24 Female	6	Boreen, Lyndsay	57:47.37	18:36	Madison, WI
20-24 Male	1	Rumage, Luke	24:39.06	7:56	Rockford, IL
20-24 Male	2	Mc Donald, Justin	29:55.81	9:38	Loves Park, IL
20-24 Male	3	Bernard, Tim	45:17.04	14:35	Madison, WI
25-29 Female	1	Burdette, Stephanie	22:03.06	7:06	Rockford, IL
25-29 Female	2	Kirchner, Jackie	22:21.66	7:12	Rockford, IL
25-29 Female	3	Sleger, Molly	23:46.57	7:39	Rockford, IL
25-29 Female	4	Tewell, Melody	27:09.57	8:45	Rockford, IL
25-29 Female	5	Norasingh, Stepheny	30:16.08	9:45	Rockford, IL
25-29 Female	6	Bristo, Danette	32:11.07	10:22	Chicago, IL
25-29 Female	7	Kirchner, Jackie	34:30.61	11:06	Rockford, IL
25-29 Female	8	Oryall, Katelyn	35:55.75	11:34	Madison, WI
25-29 Female	9	Bristo, Caitlin	40:42.29	13:06	Chicago, IL
25-29 Female	10	Olsen, Tiffany	43:55.88	14:08	South Beloit, IL

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25-29 Female	11	Andrews, Brittany	44:03.63	14:11	Loves Park, IL
25-29 Male	1	Born, Mark	24:08.40	7:46	Milwaukee, WI
25-29 Male	2	Tewell, Chad	24:32.87	7:54	Rockford, IL
25-29 Male	3	Martineau, Matthew	33:53.99	10:55	Rockford, IL
30-34 Female	1	Torres, Deysi	21:43.60	7:00	Rockford, IL
30-34 Female	2	Keffer, Jenny	28:40.06	9:14	Rockford, IL
30-34 Female	3	Rogers, Ashley	29:37.53	9:32	Rockford, IL
30-34 Female	4	Isham, Monica	30:13.84	9:44	Loves Park, IL
30-34 Female	5	Corl, Heather	31:23.39	10:06	Rockford, IL
30-34 Female	6	Lundquist, Chelsea	31:27.73	10:08	Loves Park, IL
30-34 Female	7	Meadors, Brittany	34:06.75	10:59	Machesney Park, IL
30-34 Female	8	Akre, Heather	35:38.01	11:28	Rockford, IL
30-34 Female	9	Noordual, Laura	35:58.07	11:35	
30-34 Female	10	Smith, Erika	36:50.86	11:52	Rockford, IL
30-34 Female	11	Rodriquez, Tiffany	38:19.89	12:20	Cherry Valley, IL
30-34 Female	12	Countryman, Jamie	39:39.58	12:46	Rockford, IL
30-34 Female	13	Born, Hillary	40:05.89	12:54	Rockford, IL
30-34 Female	14	Brandi, Randi	40:38.61	13:05	Rockton, IL
30-34 Female	15	Benson, Anna	40:40.43	13:06	Rockford, IL
30-34 Female	16	Ciaccio, Samantha	40:55.02	13:10	Pecatonica, IL
30-34 Female	17	Staub, Marisha	41:02.81	13:13	Rockford, IL
30-34 Female	18	Baker, Rebecca	41:05.15	13:13	Rockton, IL
30-34 Male	1	Delegge, Anthony	19:13.56	6:11	Byron, IL
30-34 Male	2	Hernandez, Jose	19:40.32	6:20	Rockford, IL
30-34 Male	3	Kirchner, Alex	20:34.15	6:37	Rockford, IL
30-34 Male	4	Del Real, Juan	21:20.21	6:52	Rockford, IL
30-34 Male	5	Sanchez, Adolfo	26:43.43	8:36	Machesney Park, IL
30-34 Male	6	Helmer, Anthony	27:59.66	9:01	Loves Park, IL
30-34 Male	7	Gray, Frank	28:51.05	9:17	Rockford, IL
30-34 Male	8	Mc Donough, Jason	29:42.94	9:34	Rockford, IL
30-34 Male	9	Fisher, Ben	30:10.01	9:43	Rockford, IL
30-34 Male	10	Sleger, Aaron	30:31.94	9:50	Rockford, IL
30-34 Male	11	Maurizio, Matt	31:29.40	10:08	Loves Park, IL
35-39 Female	1	Del Santo, Jen	29:15.95	9:25	Rockford, IL
35-39 Female	2	West, Shannon	30:24.57	9:47	Cherry Valley, IL
35-39 Female	3	Kuzniar, Andrea	32:02.92	10:19	Rockford, IL
35-39 Female	4	Sandberg, Julie	32:39.11	10:31	Rockford, IL

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Division	Place	Name	Time	Pace	City, State
35-39 Female	5	Johnson, Beth	35:22.79	11:23	Loves Park, IL
35-39 Female	6	Coyne, Nicole	37:06.04	11:57	South Beloit, IL
35-39 Female	7	Sanders, Amber	40:40.11	13:05	Rockford, IL
35-39 Male	1	Workman, Mark	19:12.44	6:11	Rockford, IL
35-39 Male	2	Chappell, Gabe	19:21.91	6:14	Roscoe, IL
35-39 Male	3	Gustafson, Brian	23:55.13	7:42	Rockford, IL
35-39 Male	4	Herrera, Jorge	24:22.75	7:51	Belvidere, IL
35-39 Male	5	Stewart, Ryan	24:53.31	8:01	Rockton, IL
35-39 Male	6	Simmons, Robert	25:13.19	8:07	Rockford, IL
35-39 Male	7	Worden, Chris	27:16.02	8:47	Scottsdale, AZ
35-39 Male	8	Ponitz, Joe	29:06.22	9:22	Belvidere, IL
35-39 Male	9	Gutierrez, Carlos	29:29.80	9:30	Rockford, IL
35-39 Male	10	Isham, Bill	29:35.00	9:31	Loves Park, IL
35-39 Male	11	Mc Mahan, Paul	32:15.47	10:23	Rockford, IL
35-39 Male	12	Hautamaki, Logan	33:51.66	10:54	Rockford, IL
35-39 Male	13	Akre, Keith	35:18.14	11:22	Rockford, IL
40-44 Female	1	Gamlin, Kara	24:50.70	8:00	Rockford, IL
40-44 Female	2	Forberg, Renee	29:16.62	9:25	Rockton, IL
40-44 Female	3	Grisanzio, Karen Michelle	29:45.55	9:35	Caledonia, IL
40-44 Female	4	Baxter, Cynthia	34:20.46	11:03	Stillman Valley, IL
40-44 Female	5	Barr, D' Lynn	39:07.37	12:36	Rockford, IL
40-44 Female	6	Gorsuch, Billie Jo	39:07.53	12:36	Rockford, IL
40-44 Female	7	Reese, Chris	41:53.90	13:29	Rockford, IL
40-44 Male	1	Durso, Rick	20:33.78	6:37	Rockford, IL
40-44 Male	2	Torres, Candelario	21:29.92	6:55	Rockford, IL
40-44 Male	3	Carpenter, Paul	22:44.73	7:19	Rockford, IL
40-44 Male	4	Smith, Brian Duane	23:23.15	7:32	Elizabethtown, KY
40-44 Male	5	Forberg, Mark	26:19.08	8:28	Rockton, IL
40-44 Male	6	Hamer,	28:12.63	9:05	Roscoe, IL
40-44 Male	7	Weyermann, Manuel	30:50.86	9:56	Belvidere, IL
40-44 Male	8	Sandberg, Grant	32:38.54	10:30	Rockford, IL
40-44 Male	9	Da Silva, Jorge	38:29.07	12:23	Loves Park, IL
45-49 Female	1	Milne, Xan	25:27.88	8:12	Loves Park, IL
45-49 Female	2	Vela, Susan Marie	28:45.82	9:15	Rockford, IL
45-49 Female	3	Tillman, Ellen	31:36.01	10:10	Rockford, IL
45-49 Female	4	Chiodini, Cindy	33:11.85	10:41	Machesney Park, IL
45-49 Female	5	Chaussee, Tina	34:23.50	11:04	Loves Park, IL

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Division	Place	Name	Time	Pace	City, State
45-49 Female	6	Nowak, Shelly	37:25.44	12:03	Machesney Park, IL
45-49 Female	7	Rumage, Anita	42:32.88	13:42	Rockford, IL
45-49 Female	8	Greer, Susan	42:51.84	13:48	Rockford, IL
45-49 Female	9	Sheppard, Laura	48:44.69	15:41	Rockford, IL
45-49 Female	10	Busch, Amy	51:54.30	16:42	Freeport, IL
45-49 Male	1	Parks, David	23:46.89	7:39	Rockford, IL
45-49 Male	2	Keffer, Peter	25:05.81	8:05	Rockford, IL
45-49 Male	3	David, Jeff	39:41.66	12:47	Rockford, IL
50-54 Female	1	Pecor, Carol Ann	31:29.96	10:08	Loves Park, IL
50-54 Female	2	Freeman, Kelly Marie	40:29.79	13:02	Loves Park, IL
50-54 Male	1	Mores, John	24:59.66	8:03	Rockford, IL
50-54 Male	2	Panther, Paul	28:49.02	9:17	Rockford, IL
50-54 Male	3	Rumage, Mark	30:34.24	9:50	Rockford, IL
50-54 Male	4	Holloway, Scott	30:35.38	9:51	Warsaw, MN
50-54 Male	5	Jacobson, David	34:47.46	11:12	Rockford, IL
50-54 Male	6	Steffen, Joe	36:20.64	11:42	Rockford, IL
55-59 Female	1	Crain, Cathy	30:28.65	9:49	Caledonia, IL
55-59 Female	2	Janecke, Annette	34:32.89	11:07	Ridott, IL
55-59 Female	3	Frank, Karen	35:45.65	11:31	Cherry Valley, IL
55-59 Female	4	Sanders, Lori	38:23.01	12:21	Beloit, WI
55-59 Male	1	Rangel, Jorge	25:14.19	8:07	Rockford, IL
55-59 Male	2	Schroepfer, Dave	26:29.95	8:32	Belvidere, IL
55-59 Male	3	Hartman, Douglas Edward	28:08.99	9:04	Cherry Valley, IL
60-64 Female	1	Wagner, Kathleen	38:06.66	12:16	Chagrin Falls, OH
60-64 Female	2	Hicks, Mary Lynn	39:27.27	12:42	Rockford, IL
60-64 Female	3	White, Ronda	41:02.04	13:12	Rockford, IL
60-64 Female	4	Melvin, Carol	1:07:55.14	21:52	Machesney Park, IL
60-64 Male	1	Miller, Jeff	23:23.73	7:32	Rockford, IL
60-64 Male	2	Hall, John	25:02.90	8:04	Grayslake, IL
60-64 Male	3	Janecke, Martin	26:44.48	8:36	Ridott, IL
60-64 Male	4	Fisher, Richard	27:32.36	8:52	Rockford, IL
60-64 Male	5	Dorsey, John	37:28.24	12:04	Rockford, IL
60-64 Male	6	Van Hulle, Darrell Edward	41:10.44	13:15	Machesney Park, IL
60-64 Male	7	Wagner, William	44:34.27	14:21	Chagrin Falls, OH

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Division	Place	Name	Time	Pace	City, State
65-69 Female	1	Deiter, Margie	49:14.37	15:51	Rockford, IL
65-69 Female	2	Goepfert, Marilyn	57:52.53	18:38	Rockford, IL
65-69 Male	1	Mc Clelland, Kenneth	21:30.52	6:55	Rockford, IL
65-69 Male	2	Melvin, Tim	1:07:57.82	21:53	Machesney Park, IL
70-74 Female	1	Yarger, Joyce	50:44.32	16:20	Belvidere, IL
70-74 Male	1	Behrens, James	40:03.94	12:54	Oregon, IL
75 & up Male	1	Yarger, Norman	34:34.70	11:08	Belvidere, IL
No age	1	Bib# 854	28:15.98	9:06	
No age	2	Bib# 855	28:16.21	9:06	
No age	3	Bib# 877	42:18.86	13:37	
No age	4	Bib# 878	42:19.02	13:37	
No age - F	1	Haerterich, Trina	35:37.94	11:28	
No age - F	2	Mores, Celeste	37:28.55	12:04	Rockford, IL
No age - F	3	Miner, Amy	39:13.82	12:38	Rockford, IL
No age - M	1	Buob, Brian	28:42.92	9:15	
No age - M	2	Rogers, Kyle	29:10.07	9:23	